

# ***THE RESTROOM CHALLENGED***

*from the American Restroom Association website*<sup>1</sup>

- Middle age women (NAFC)
- Pregnant women
- Parents touring with young children
- Children in School
- Women experiencing an irregular menses
- People suffering certain congenital defects
- Those with bladder cancer (2)
- Some wounded Combat Veterans
- Victims of abdominal or nerve trauma
- Women being treated for Vaginal Candidiasis\*
- 10 to 40% of Stroke victims
- Otherwise healthy persons suffering bowel incontinence
- People with Interstitial Cystitis
- Those suffering Irritable Bowel Syndrome, Ulcerative Colitis
- The Elderly (functional capacity is halved as we age.)
- Patients suffering the diuretic effect of blood pressure medicine
- Men suffering an enlarged prostate
- Diners experiencing the diuretic effect of coffee or alcohol
- Patients on medications that act as bowel or bladder irritants
- Ostomy pouches require prompt attention when at capacity

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<sup>1</sup> <https://americanrestroom.org/pr/who.htm> <https://americanrestroom.org/pr/who.htm>